



QUEEN MARY'S SCHOOL, NORTHEND

*Dear Lord,
Please show me how to spend this day,
Sharing your love in every way.
Help me to be kind to everyone,
To play and laugh and have lots of fun.
Shining your light and giving your grace,
Sharing your joy with a smile on my face!*

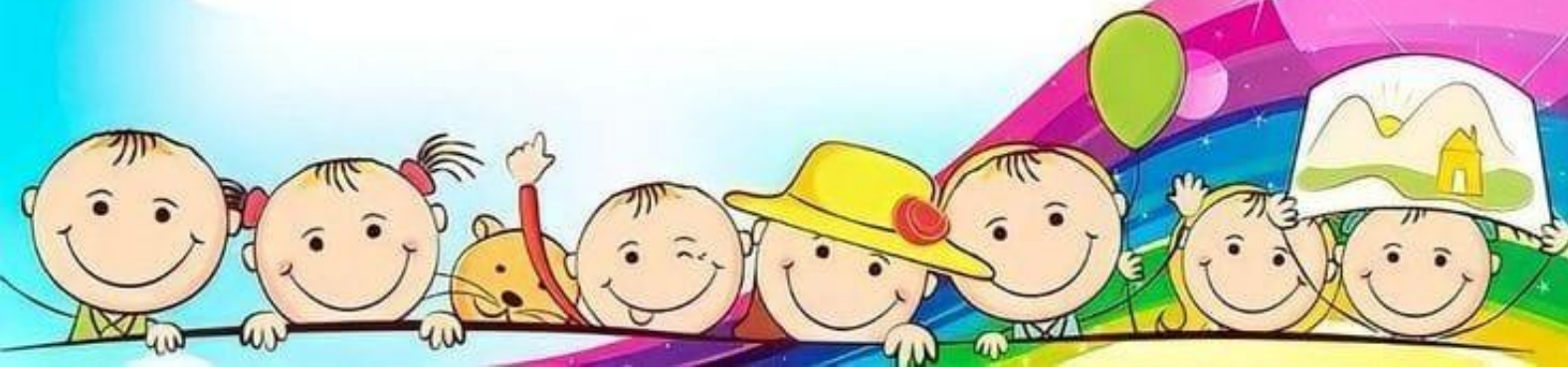
MY SUMMER TIME KINDERGARTEN (2023-2024)





**SUMMER FUN
WITH
LITTLE QUEEN MARIANS!!!**

It is time to have some fun,
Summer holidays have just begun.
You can dance, you can sing,
Climb a tree, or fly high on a swing!
Put together a jigsaw, bake a cake,
Go to camp or swim in a lake!
Exciting places you can travel to,
Rome, Spain or Timbuktu!
Help your parents as you always should,
Care for your grandparents,
As an Angel would;
Work, enjoy, have lots of fun
With your head held high!
You are a Queen Marian
Reach out for the Sky!



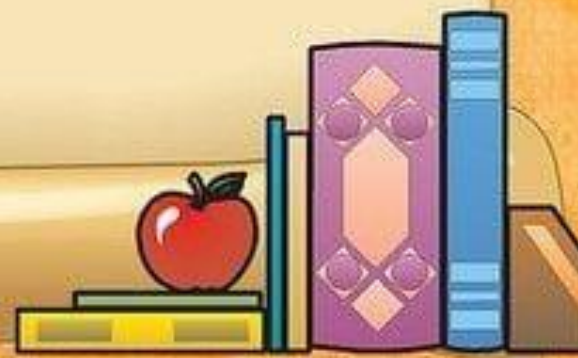
Dear Parents,

Summer Vacation is a welcome break, a freedom from fixed schedules and rules. But freedom brings more responsibility. It is time to get our children engaged and let them explore the areas of *proximal development*.

Early childhood offers a vast window of opportunity to shape the trajectory of a child's holistic development and build a foundation for their future. For children to achieve their full potential, as their right to life, they need health care and nutrition, protection from harm and a sense of security, opportunities for early learning, and responsive caregiving – like talking, singing, and playing – with parents and caregivers who love them. All of this is needed to nourish developing brains and fuel growing bodies.


Children learn best through fun and engaging activities which transform playtime into numerous opportunities to instil *physical, sensory-motor, cognitive, language, socio-emotional and aesthetic* skills.

Keeping this in mind, we have planned some *constructive activities* shared below, which will keep our children engaged and enable them channelize their energies to be more creative.



IT'S ACTIVITY TIME.!!


1. The greatest gift of the garden is the **restoration of the five senses**. Children learn as they explore their surroundings. Taking **Family Walks** amidst the nature fosters the development of **sensory-motor skills** of the children. Visiting a nearby park or a garden to hear different sounds, looking out for different plants from big to small, collecting objects to feel different textures and visualizing various colours of the surrounding nature will develop their curiosity and encourage them to use their senses efficiently and effectively.
2. **Cook a meal together**. Keep a **baker's box** in the kitchen having a collection of unbreakable kitchen tools. Children naturally want to be in the kitchen and enjoy cooking activities with their parents that boosts their **emotional and aesthetic** sense. Broaden your horizons by experiencing other cultures. Pick an ethnic meal to cook together and enjoy the company of your child. Narrate a story or a rhyme to your child related to the dish you decide to cook.
3. **Language shapes the way we think**, and determines what we can think about. Creating a **Magic Bag** will automatically enhance the curiosity and interest of the children. Put different objects related to the various **letters of the alphabet (A to Z)** in the magic bag. Ask your child to put her hand into the magic bag and feel an object, identify, and call out its name. Then ask her to take that object out and describe it.



4. **Seeds of change.** Children are **social creatures** and they all have a **unique personality** that blooms and blossoms with time. It takes time for new behaviours to grow. Get a seed of any kind and plant it in a pot. The seed represents a desired change. Explain to the child how the new behaviour must take root, just like the seed. **Encourage children to water the seed every day and work towards changing their own behaviour.** The plant is also symbolic to the caregivers. **Just as the seed grows slowly, so does the child.**

5. A child's brain develops rapidly during the first six years of her life. She learns decision making, classification of common relations, language abilities, pairing, and problem-solving skills etc. **Cognition is a process of acquiring knowledge through experiences.** Engage children in a **shape hunt** activity where they will **search objects in and around the house and pair them with the basic shapes** to sharpen their **cognitive skills**. You can **create a daily routine** where children can indulge in activities like rhymes, stories, colour sorting, stacking wooden blocks, games of matching, pretend play etc. that can improve creativity.

6. Young children are brimming with energy which is a vital thing for **physical growth and development**. Make an **obstacle course** in your living room or balcony, consisting of old cushions, cardboard boxes, toys, or other objects that your child can run around or climb over. The repeated movement of large and small muscle groups will build and refine how well these parts of the body work.



7. The secret of success is found in your daily routine. Following good habits helps you stay happy, energized, healthy and safe. Hence it is very important to practice them in our daily routine. **Maintain a Checklist or a Chart to keep a tab on your healthy habits.** E.g., Wake up early, brush your teeth twice a day, take bath regularly to keep the germs away, have healthy breakfast, follow table etiquettes, eat fresh fruits and vegetables, drink plenty of water to beat the summer heat, wash your hands regularly before and after meal time or play time, trim your nails and hair often, cover your mouth while coughing and sneezing, exercise regularly to stay fit and healthy and be kind to everyone.

8. The family that prays together stays together, and if they stay together, they will love one another as God has loved each one of them. And works of love are always works of peace. When our children learn the importance of prayer and begin doing it regularly, it expands their relationship with God. When they pray, they connect to him and understand that God loves them, blesses them, their family and those they pray for. Inculcating Prayer in their routine at home just as they do in school will draw them near to God and feel his comfort.

9. Recycle it all, no matter how small. Let us encourage our children to save environment by understanding the importance of **5R's – (Refuse, Reduce, Reuse, Recycle, Rot)** and creating something best out of waste with the material available at home. E.g.: Pencil Holder, Photo Frame, Aquarium, Bird House, Flower Vase etc.



HOW INDEPENDENT CAN I BECOME?

Make your child more independent by encouraging them to practice some interesting Life Skills like:

1. Buttoning and unbuttoning the shirt.
2. Tying the shoe laces.
3. Folding the mat and clothes.
4. Laying the table.
5. Arranging the book and toy shelves.
6. Zipping the school bag.
7. Sorting and pairing the household items.
8. Learning some traffic rules.
9. Revising numbers (counting fans, lights, family members, on the staircase)
10. Revising phonic sounds.
11. Practicing handwriting skills.
12. Helping everyone in the family.
13. Greeting family members and relatives.
14. Using Magic Words in daily routine: THANK YOU, WELCOME, SORRY, PLEASE.
15. Conversing in English using small phrases and sentences.

“Joy is the simplest form of gratitude.”

Encourage children to be grateful for all that they have and appreciate them for all that they do.

Share something positive and appreciate them during their day as a word of appreciation is enough to spread smiles and brighten their day.





Dear parents,

When little hands work, they not only make things but make memories.

*To capture these little moments of learning and experimenting, you are requested to click pictures of your ward while she enjoys doing these fun activities. You can make **a collage of all her pictures** on an **A3 size pastel sheet** and send it on the **first day** when the school reopens.*

A balance of Education at home and at school shape up the children and make them lifelong learners. So, let us join hands to make this journey a joyous and inspiring one for our little children.

*Have a Great Summer !! Happy Holidays !!
QMS Northend*

